

**Hazelnuts natural 13-15 mm TURKEY- 114010****(GEPELT)****Nutritional information** Not available Availableper  100 ml  100 g

energy	<u>2959</u>	kJ
	<u>705</u>	kcal
total proteins	<u>14.0</u>	g
• % vegetable source	<u>          </u>	
• % animal source	<u>-</u>	
Total of carbohydrates	<u>6.0</u>	g
• sugars	<u>5.0</u>	g
• starch	<u>1.0</u>	g
• polyols	<u>-</u>	g
content of fibre	<u>8.2</u>	g
total content of fat	<u>69.0</u>	g
• % vegetable	<u>          </u>	
• % animal	<u>-</u>	
• saturated fatty acids	<u>4.9</u>	g
• mono-unsaturated fatty acids	<u>53.4</u>	g
• poly-unsaturated fatty acids	<u>7.3</u>	g
• cholesterol	<u>-</u>	g
• trans-fatty acids	<u>-</u>	g
Calcium (Ca)	<u>          </u>	mg
Iron (Fe)	<u>          </u>	mg
Magnesium (Mg)	<u>          </u>	mg
Phosphorus (P)	<u>          </u>	mg
sodium (Na)	<u>2.0</u>	mg
potassium (K)	<u>          </u>	mg
Zinc (Zn)	<u>          </u>	mg
Copper (Cu)	<u>          </u>	mg
Manganese (Mn)	<u>          </u>	mg
Selenium (Se)	<u>-</u>	mg
Salt	<u>5.0</u>	mg

**Allergen information**

Please indicate presence or absence of listed allergens

W: Recipe with

C: Can contain

-: Recipe without

cross-contamination

1.1	Wheat	-
1.2	Rye	-
1.3	Barley	-
1.4	Oats	-
1.5	Spelt	-
1.6	Kamut	-
1.7	Gluten	-
2.0	Shellfish	-
3.0	Egg	-
4.0	Fish	-
5.0	Groundnuts	w
6.0	Soya	-
7.0	Milk	-
8.1	Almonds	-
8.2	Hazelnuts	w
8.3	Walnuts	-
8.4	Cashewnuts	-
8.5	Pecans	-
8.6	Brazilnuts	-
8.7	Pistachios	-
8.8	Macadamia nuts	-
8.9	Nuts	-
9.0	Celery	-
10.0	Mustard	-
11.0	Sesame	-
12.0	Sulphur dioxide (E220-E228)	-
13.0	Lupine	-
14.0	Molluscs	-
20.0	Lactose	-
21.0	Cocoa	-
22.0	Glutamate	-
23.0	Chicken meat	-
24.0	Coriander	-
25.0	Corn	-
26.0	Legumes	-
27.0	Beef	-
28.0	Pork	-
29.0	Root	-