

**Walnut Quarters Light MOLDAVIA - 112110****(GEPELT)****Nutritional information** Not available Available

| | | | |
|--------------------------------|---------------------------------|---|------|
| per | <input type="checkbox"/> 100 ml | <input checked="" type="checkbox"/> 100 g | |
| Energy | | <u>2732</u> | kJ |
| | | <u>653</u> | kcal |
| Proteins | | <u>14.1</u> | g |
| • % vegetable source | | _____ | |
| • % animal source | | <u>-</u> | |
| | | <u>-</u> | |
| Carbohydrates | | <u>14.1</u> | g |
| • sugars | | <u>2.61</u> | g |
| • starch | | <u>-</u> | g |
| • polyols | | <u>-</u> | g |
| Fibre | | <u>6.7</u> | g |
| Total content of fat | | <u>66.5</u> | g |
| • % vegetable | | _____ | |
| • % animal | | <u>-</u> | |
| • saturated fatty acids | | <u>5.99</u> | g |
| • mono-unsaturated fatty acids | | <u>8.81</u> | g |
| • poly-unsaturated fatty acids | | <u>45.85</u> | g |
| • cholesterol | | <u>-</u> | mg |
| • trans-fatty acids | | <u>-</u> | mg |
| Calcium (Ca) | | <u>98</u> | mg |
| Iron (Fe) | | <u>2.9</u> | mg |
| Magnesium (Mg) | | <u>158</u> | mg |
| Phosphorus (P) | | <u>346</u> | mg |
| Sodium (Na) | | <u>2</u> | mg |
| Potassium (K) | | <u>441</u> | mg |
| Zinc (Zn) | | _____ | mg |
| Copper (Cu) | | _____ | mg |
| Manganese (Mn) | | _____ | mg |
| Selenium (Se) | | _____ | mcg |
| sodium chloride (NaCl-salt) | | _____ | mg |

Allergen information

Please indicate presence or absence of listed allergens

W: Recipe with

C: Can contain

-: Recipe without

cross-contamination

| | | |
|------|-----------------------------|---|
| 1.1 | Wheat | - |
| 1.2 | Rye | - |
| 1.3 | Barley | - |
| 1.4 | Oats | - |
| 1.5 | Spelt | - |
| 1.6 | Kamut | - |
| 1.7 | Gluten | - |
| 2.0 | Shellfish | - |
| 3.0 | Egg | - |
| 4.0 | Fish | - |
| 5.0 | Groundnuts | |
| 6.0 | Soya | - |
| 7.0 | Milk | - |
| 8.1 | Almonds | - |
| 8.2 | Hazelnuts | - |
| 8.3 | Walnuts | w |
| 8.4 | Cashewnuts | - |
| 8.5 | Pecans | - |
| 8.6 | Brazilnuts | - |
| 8.7 | Pistachios | - |
| 8.8 | Macadamia nuts | - |
| 8.9 | Nuts | w |
| 9.0 | Celery | - |
| 10.0 | Mustard | - |
| 11.0 | Sesame | - |
| 12.0 | Sulphur dioxide (E220-E228) | - |
| 13.0 | Lupine | - |
| 14.0 | Molluscs | - |
| 20.0 | Lactose | - |
| 21.0 | Cocoa | - |
| 22.0 | Glutamate | - |
| 23.0 | Chicken meat | - |
| 24.0 | Coriander | - |
| 25.0 | Corn | - |
| 26.0 | Legumes | - |
| 27.0 | Beef | - |
| 28.0 | Pork | - |
| 29.0 | Root | - |